



# THURSDAY, MAY 17, 2018

## RECOVERY & EMPOWERMENT DAY

*Keep in Mind* — This will be a long day so please bring with you whatever you need to stay well throughout the day. Some travel ideas include snacks, bottled water, medication, lunch or lunch money (\$10.00 suggested), headphones, pillow and comfortable walking shoes. You might also want to bring a camera to remember this special occasion. Upon entering the capitol, you may be asked to show your Drivers License or similar photo identification to security so make sure you have it with you!

**RECOVERY IS POSSIBLE. WE ARE THE EVIDENCE.**

**Name:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**Home Address:** \_\_\_\_\_  
(Home address is needed to complete your registration.)

**Email:** \_\_\_\_\_

Please mail completed registration form to Gift of Voice.

903 North Second Street, Edwardsville, IL 62025 or [office@giftofvoice.com](mailto:office@giftofvoice.com)

*Donations are not tax-deductible, but they are appreciated because it helps defray event expenses. Please make checks payable to **Gift of Voice** and write "Recovery & Empowerment Day" in the Memo Line. Thank you!*

### KEYNOTE LISTENERS

**Lore Baker**

IDHS/Housing & Employment First Coordinator

**Greg Fenton**

IDHS/Division of Developmental Disabilities

**Janice Glenn**

Illinois Department of Human Rights

**Dani Kirby**

IDHS/Division of Alcoholism & Substance Abuse

**Diana Knaebe**

IDHS/Division of Mental Health

**Shelly Richardson**

Statewide Independent Living Council of Illinois

**Quinetta Wade**

IDHS/Division of Rehabilitation

### Agenda

9:00am.....Registration Opens

Howlett Building Auditorium

501 S. 2nd St, Springfield, IL

*\*When you arrive, go to the registration area to pick up your materials for the day.*

10:00am.....Education Presentation

Howlett Building Auditorium

501 S. 2nd St, Springfield, IL

11:30am.....Dignity March & Rally

*\*We will be marching from the Howlett Auditorium to rally at the Lincoln Statue, located on the north side of the capitol.*

*\*In the event of inclement weather, we will remain indoors and rally in the Howlett Auditorium.*



- \_\_\_\_\_ XSmall
- \_\_\_\_\_ Small
- \_\_\_\_\_ Medium
- \_\_\_\_\_ Large
- \_\_\_\_\_ 1X Large
- \_\_\_\_\_ 2X Large
- \_\_\_\_\_ 3X Large
- \_\_\_\_\_ 4X Large

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Place your shirt order as soon as possible to receive the lowest price. Pricing guidelines are listed below.

- \$10 for each shirt with orders received and postmarked in January 2017
- \$20 for each shirt with orders received and postmarked in February 2017
- \$30 for each shirt with orders received and postmarked in March 2017
- \$40 for each shirt with orders received and postmarked in April 2017

- ★ *Remember to include your check and please donate beyond the cost of your shirts. Receipts will be emailed, however, donations are not tax-deductible.*
- ★ *All shirts must be picked up during registration between 9:00am and Noon in the Howlett Auditorium on Thursday, May 17, 2018. No shirts will be mailed.*
- ★ *All sales are final. No refunds for shirts or donations will be issued. Mail your check with completed registrations and order form to:*

# Recovery & Empowerment Day 101

## Wednesday, April 4th

### 1:00PM—2:00PM

This phone orientation is for:

- People who are participating in Recovery & Empowerment Day for the very first time.
  - People who are bringing a group and want to learn what tips to share with people in your group.
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# Recovery & Empowerment Day 201

## Wednesday, April 11th

### 1:00PM—2:00PM

This phone session is for:

- People in mental health recovery who participate in public healthcare and human services.
  - People who want to learn how to effectively share their personal mental health experiences with policy makers and elected officials.
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**RSVP for Class 101 and/or Class 201 to [office@giftofvoice.com](mailto:office@giftofvoice.com) by April 2nd. You will receive an email confirming your registration. You will also receive the conference call information needed to participate.**

We value your feedback and are offering these phone trainings at the request of past attendees. You can, however, register for Recovery & Empowerment Day on Thursday, May 17th at the Illinois State Capitol without taking Class 101 or 102.

**Email [office@giftofvoice.com](mailto:office@giftofvoice.com) to request an in person training at your location. We will try to accommodate as many requests as possible. This is contingent upon scheduling and available funds.**

# A CALL FOR DIGNITY

Persons who live with mental health conditions deserve **DIGNITY: being worthy of respect or honor.**

We deserve the same basic **human rights** that are applied to all members of society.

We deserve **equality and equity** in our local zip codes.

We deserve to be **heard and validated.**

We deserve to live in **communities of inclusion**, without fear or ridicule.

We deserve **justice** and **protections** that are afforded all citizens.

We deserve to be **recognized**; and for our contributions to be **valued.**

We deserve to be **issued invitation** in equal proportion to other represented stakeholders.

We deserve to be fully informed about **all** of our individual and corporate options.

We deserve **opportunity to risk** what others might not choose for us.

We deserve opportunity to **learn and succeed.**

We deserve **life** and we deserve to live the **best life possible.**

We deserve to not be considered undeserving.

[aj.french@giftofvoice.com](mailto:aj.french@giftofvoice.com)

April 12, 2016