



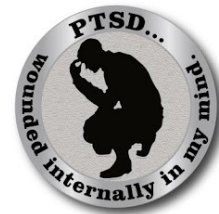
**NAMI Homefront**  
National Alliance on Mental Illness

# Do you love or know someone with PTSD?



NAMI Homefront was developed to meet the unique needs of families of our Service Members and Veterans who are living with mental health conditions. This course is designed specifically for spouses/partners, parents, siblings, adult children and others who love a Service Member or Veteran who is dealing with the complex challenges presented by a mental health condition.

The NAMI Homefront Program is a series of 6 weeks of instructional materials and discussions. It will include information on how to access programs, benefits and resources for Service Members and Veterans which are included in a General Resources section of the NAMI Homefront program manual.



**Starting Date: Monday, March 6, 2017**

**To register or for more information:**

**Time: 6:00 - 8:30PM**

**call the NAMI SWI Office at**

**Red Cross Office  
2805 N. Illinois St.  
Swansea, IL 62226**



**(618) 798-9788**

**or**

**send an email to**

**(On Route 159 in the north end  
of the Rural King building.)**

**[info@namiswi.org](mailto:info@namiswi.org)**

**The goals of NAMI Homefront are to:**

- provide the fundamental information necessary for the family to understand what the Service Member or Veteran is experiencing;
- help the family cope with the impact that mental illness has on the person living with the illness and the entire family;
- provide tools for the family to use even after completing the program that will assist them in responding as effectively as possible to challenging situations and crises;
- help the family members learn to take care of their own needs in addition to those of their family.

**REGISTRATION IS REQUIRED SINCE CLASS SIZE IS LIMITED AND FOR ORDERING ENOUGH MATERIALS.**

NAMI SWI also offers support meetings for the individuals living with a mental disorder and for caregivers/ family members of persons with a mental disorder. There are specialty support meetings too. Check NAMI SWI website for a list of meetings in various locations within our 12 county catchment area.