

Recovery Support Center

Do You Ever Feel Out of Place?

Wish You Could Talk to Someone Who Understands?

Join us!

The Recovery Support Center is a great place to have fun, socialize, and work on your mental health recovery.



- Offers a safe environment to discuss your mental health.
- Create healthy friendships
- Prevent isolation
- Form healthy habits to stay on track with your recovery.

- Peer Led Support Groups
- Free Computer Resource Lab
- Group and Individual Counseling
- DBSA, NAMI, WRAP, AA, and other meetings
- Regular Social Outings and Member Events



"The "RSC" brought art and many other wonderful positive elements into my life"
-D.R.

"I can be myself here"
-B.E.

"I always wanted to talk to people who had been through what I had. Now I can"
-D.K.

● **STIGMA AND JUDGEMENT FREE ENVIRONMENT** ●

● **FREE MEMBERSHIP** ● **NO APPOINTMENT NECESSARY** ●